

# TEENAGERS

CHOOSE FRIENDS WHO

bestie

You look forward to seeing and who make life better.

Choose YOU and care about YOU.

Are happy for you and WANT to see you WIN and who support you when life gets hard.

Are easy to be around. Make you laugh. And are good for your mental health. They let YOU be YOU.



INCLUDE you.

Invite you.

RESPECT you.

And won't reject you at the drop of a hat.

CHALLENGE you to become the BEST version of yourself. You take on the behaviors of the 5 people you spend the most time with!

WILL defend you when you're not in the room and WON'T talk about you when you get up from the table.

Best Friend Forever

@RAISINGTEENSTODAY

-I'M-  
HERE  
to  
LISTEN

you  
.GOT.  
THIS

LOL

