

TEENAGERS

CHOOSE FRIENDS WHO

bestie

You look forward to seeing and who make life better.

Choose **YOU** and care about **YOU**.

Are happy for you and **WANT** to see you **WIN** and who support you when life gets hard.

Are easy to be around. Make you laugh. And are good for your mental health. They let **YOU** be **YOU**.

CHALLENGE you to become the **BEST** version of yourself. You take on the behaviors of the 5 people you spend the most time with!

INCLUDE you. Invite you. **RESPECT** you. And won't reject you at the drop of a hat.

WILL defend you when you're not in the room and **WON'T** talk about you when you get up from the table.



Best Friend Forever

@RAISINGTEENSTODAY

-I'M-
HERE
to
LISTEN

you
.GOT.
THIS

LOL

